

Flatlanders Road Race

Sponsored by

Regina Road Runners

August 22, 2004

5Km Results - Men

Place	Name	Community		Time
1.	Lyndon Knutson	Regina	167	18:22
2.	Dave Olsen	Regina	133	18:37
3.	Rylan Graham	Regina	166	19:42
4.	Jim Latrace	Lumsden	170	20:47
5.	Rod Wasylewicz	Regina	157	22:09
6.	Dallas Paproski	Regina	130	22:44
7.	Kris Mutafov	Regina	180	23:16
8.	Peter Mutafov	Regina	179	23:17
9.	Mitchel Koskie	Lumsden	165	23:53
10.	Gordon Mah	Regina	137	25:01
11.	Kevin Holmes	Regina	159	25:13
12.	Matt Wincherauk	Regina	144	26:30
13.	Don Wincherauk	Regina	143	26:31
14.	Mayo Schmidt	Regina	173	26:35
15.	Leri Rosenbaum	Estevan	183	26:43
16.	Al Taylor	Regina	178	27:55
17.	Kevin Jameson	Regina	168	28:42
18.	Landon Grubb	Regina	152	30:06
19.	Marc Lyon	Regina	134	32:52
20.	Dave MacNeill	Regina	148	33:24
21.	Jack Fotheringham	Regina	138	35:28
22.	John McKenzie	Regina	155	no time

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5Km Results - Men 15 to 19

Place	Name	Community		Time
1.	Lyndon Knutson	Regina	167	18:22
2.	Rylan Graham	Regina	166	19:42
3.	Kevin Jameson	Regina	168	28:42

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5Km Results - Boys 13 & 14

Place	Name	Community		Time
1.	Landon Grubb	Regina	152	30:06

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5Km Results - Boys 11 & 12

Place	Name	Community		Time
1.	Mitchel Koskie	Lumsden	165	23:53
2.	Leri Rosenbaum	Estevan	183	26:43

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5Km Results - Boys 9 & 10

Place	Name	Community		Time
1.	Dallas Paproski	Regina	130	22:44
2.	Kris Mutafov	Regina	180	23:16
3.	Matt Wincherauk	Regina	144	26:30
4.	Jack Fotheringham	Regina	138	35:28

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5Km Results - Men 50 to 59

Place	Name	Community		Time
1.	Don Wincherauk	Regina	143	26:31

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5Km Results - Men 40 to 49

Place	Name	Community		Time
1.	Dave Olsen	Regina	133	22:09
2.	Rod Wasylewicz	Regina	157	23:17
3.	Peter Mutafov	Regina	179	23:17
4.	Gordon Mah	Regina	137	25:01
5.	Mayo Schmidt	Regina	173	26:35
6.	Al Taylor	Regina	178	27:55
7.	John McKenzie	Regina	155	no time

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5Km Results - Men 30 to 39

Place	Name	Community		Time
1.	Jim Latrace	Lumsden	170	20:47
2.	Kevin Holmes	Regina	159	25:13
3.	Marc Lyon	Regina	134	32:52
4.	Dave MacNeill	Regina	148	33:24